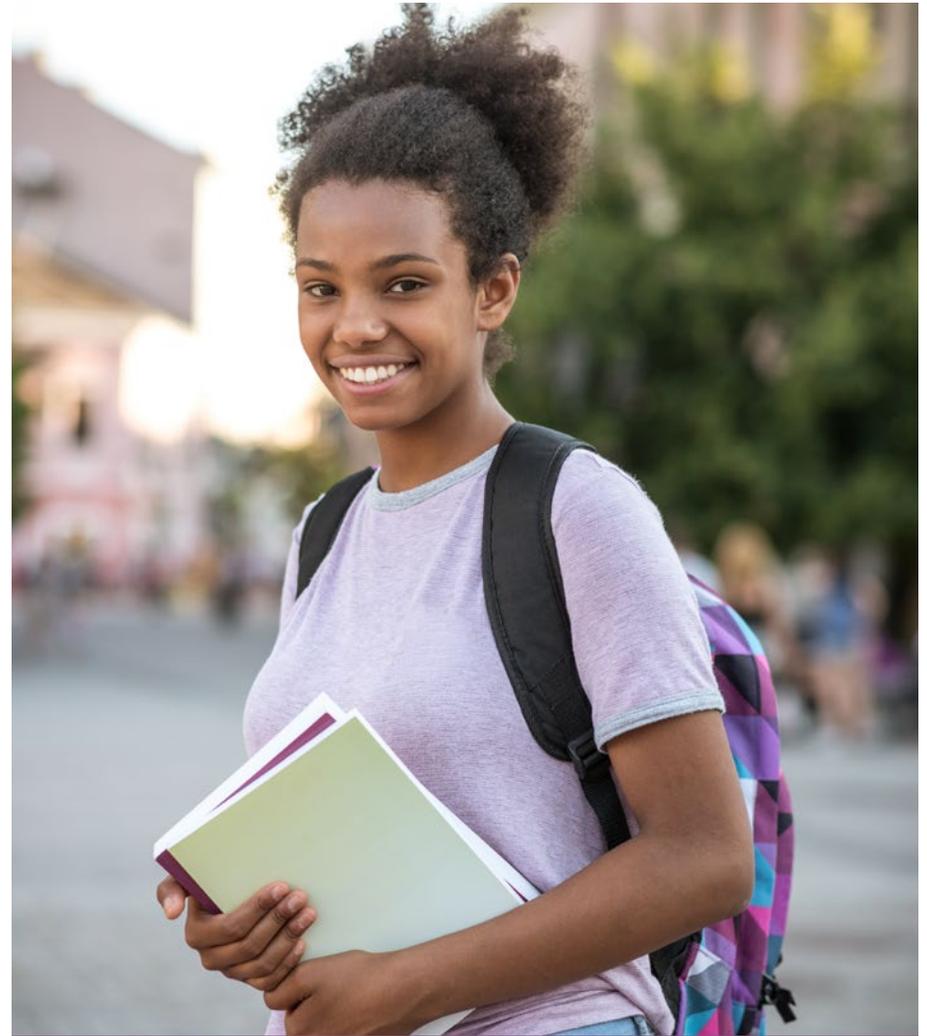


Find more information or apply for free legal services at:

 (888) 988-9996

 www.trla.org/get-help-youths



TRANSITION PLANNING

Successfully preparing for adulthood

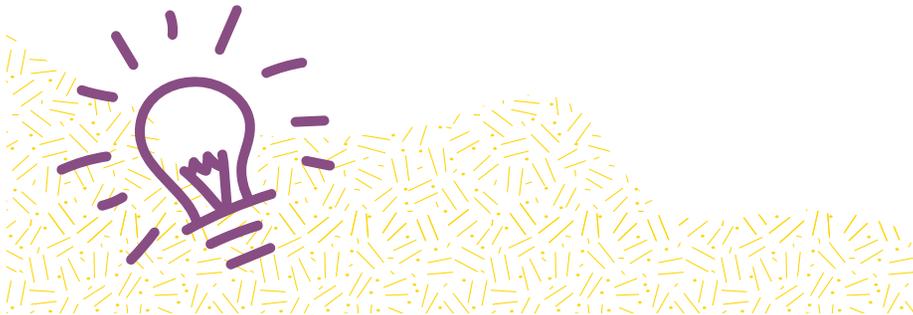
What is transition planning?

Transition planning is meant to ensure that you have the support and preparation you need to begin your adult life as successfully as possible.

- + If you have an **Individualized Education Program (IEP)**, your school is required to guide you through the transition planning process.
- + Transition planning must begin **no later than** age 16.

Who should be involved in the transition planning process?

- + **You have the right** to take an active role in shaping your transition plan.
- + Your parents and IEP team must also be involved
- + **You have the right** to include others who may be able to make important contributions to the transition planning process, such as employers, mentors and student advocates



What should you expect to get out of the transition planning process?

- + Your transition plan **must be** individualized: it must be based on your specific strengths, preferences and interests.
- + It must give you opportunities to develop **functional skills** to use in work and community life.
- + It must establish age-appropriate, **measurable goals** and establish specific timelines for each goal. The plan must also identify who is responsible for ensuring each goal is met.
- + You have the right to be informed of the “transfer of rights”: the new legal rights and responsibilities that you will take on once you reach the age of majority.
- + You have the right to be informed of appropriate opportunities to receive further assistance in developing your decision-making skills, such as a **supported decision-making agreement** or another form of alternative to guardianship
- + You have the right to receive a **summary of your performance** before you graduate from high school or turn 22 years old. It must capture your academic and functional levels of performance in clear and specific terms and include additional steps that can be taken to help you meet your goals.