

5 Things You Need to Know

About Medicaid Waiver Programs in Texas

What does “Waiver” mean?

A waiver overrides certain rules for how funding can be used. Waivers “waive” (some rules do not apply) certain requirements for Medicaid. If you meet the eligibility requirements, you can get the services you need in your own home or other community settings to avoid more restrictive settings like nursing homes, institutions, or facilities.

How do I find out more or get on the wait list (interest list)?

You must contact the following agencies to enroll for specific wait/interest lists

- Call 1-877-438-5658 for information on putting your child on an interest list for **CLASS, MDCP and DBMD** LTSS waivers or visit this [website](#) for more information
- Call (210) 832-5074 for **HCS and TXHmL** waivers or click [here](#) to find your local intellectual and developmental disability authority (LIDDA)
- Call your local mental health authority about the **YES** waiver program or visit the HHS [website](#) to find your local office

What is a “Medicaid Waiver Program”?

A “Medicaid waiver program” or Long-Term Service and Supports (LTSS) allows the state to be more flexible with how it spends money to provide long-term services to some **people with disabilities** or the elderly in order to help them live in the community and thrive as independently as possible.

How many LTSS Waiver Programs are there?

There are **7** different LTSS/Medicaid Waiver Programs in Texas: **TxHmL, HCS, CLASS, MDCP, DBMD, STAR+PLUS HCBS, and YES**. Each program has different rules, qualifications, and funding amounts. It is important to speak with someone who understands the differences or click www.navigatelifetexas.org to learn more.

Do I have to wait to receive services?

The LTSS has **extensive interest/wait lists**, with **some over 15 years long** and **over 150,000 unduplicated citizens waiting for services**. The important first step is to get on the interest list, even if you think you will not need it 15 years from now. **You can decline services when your name comes up.**